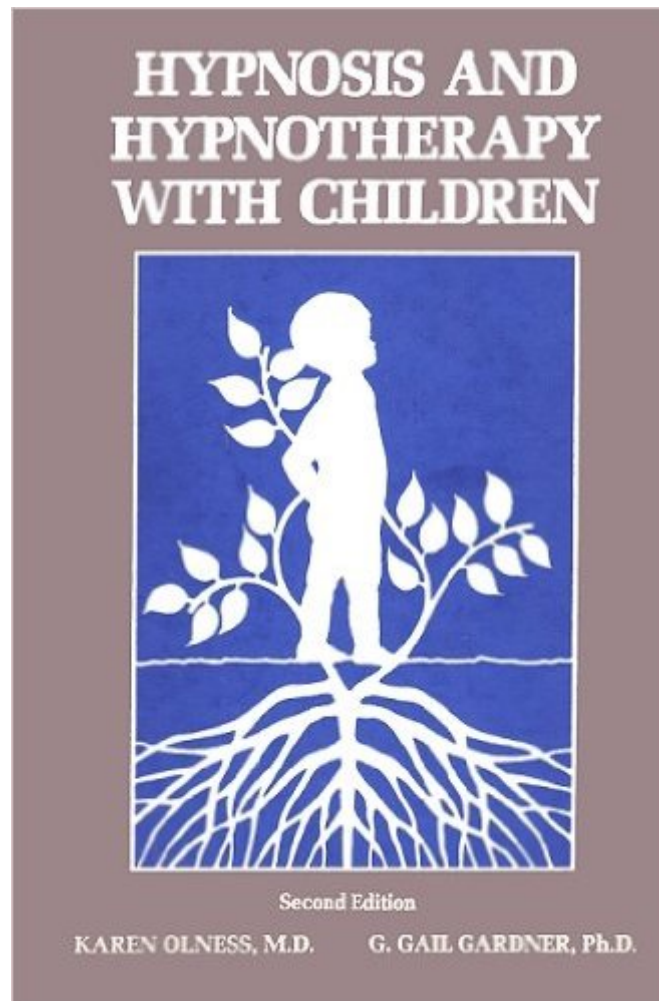


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# Hypnosis And Hypnotherapy With Children



## Synopsis

Updated and revised in response to developments in the field, this Fourth Edition of *Hypnosis and Hypnotherapy With Children* describes the research and clinical historical underpinnings of hypnosis and hypnotherapy with children and adolescents, and presents an up-to-date compendium of the pertinent world literature regarding this topic. The authors focus on the wide variety and scope of applications for hypnotherapy; including an integrated description of both clinical and evidence-based research as it relates to understanding approaches to various clinical situations, case studies of practical aspects, and how-to elements of teaching hypnotherapeutic skills to clients.

## Book Information

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## Customer Reviews

This book's first edition was published in 1981, describing itself as a "comprehensive text...[providing] an up-to-date survey of the available information on child hypnotherapy...a detailed, thorough, and stimulating source of ideas and creative approaches to understanding children and helping them develop their potential to the fullest." The revised and expanded third edition includes new material, but hasn't changed substantially from the first edition - it is hard to improve on perfection. In its latest incarnation, this third edition remains the "gold standard in the field." For more specifics, do see my published review on this book in the *Journal of the American Academy of Child and Adolescent Psychiatry*, 36:12, December, 1997, pages 1782-3

As it states, at the time of publishing (1981) there was only one other book written on the topic, 20 years ago, and it was only a brief overview. As this literature was long overdue, the authors were highly motivated in writing it, as you can imagine. This is one of the better books on hypnosis; the information is still true today. I have not read any newer books on this particular subject, but if you're looking for an excellent place to start, you can feel totally confident in purchasing this book. And unlike so many other books I have read, which deal with theory and clinical considerations ... this book includes the complete hypnotic pattern for administering suggestibility tests. That alone makes it worth the purchase (I think I paid a penny for mine); but you will find much more than that. This book is a fantastic resource and if you're a practicing hypnotist, it ought to be on your bookshelf, in your mind. Go on now, reach for it. That's it, you've got it!

Truly the most comprehensive review of the medical/psychological literature on the topic of hypnosis in children. Dr.'s Kohen and Olhness have done it again.

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